

Inspiring Women Leaders to Unlock their Greatest Potential

IGNITE

IGNITE will take you on a process of self-discovery, exploring your beliefs, mindsets and values to support your personal growth through developing practical skills and strategies to lead at your best.

- Create a broader impact in their organisations, team or community
- Lead with confidence, balance, and resilience
- Influence and inspire those around them
- Harness and enhance their presence and personal power to fulfil their purpose and potential
- Create balance and wellbeing, with actionable strategies to maintain it



Limited to only 12 places

June 15, 16, 19, 20 - 2023

ONLINE program - 4 x half-day
including post program group coaching
Accessible across all geographic locations

All inclusive program

Investment of \$2400+gst per participant
Early bird (30th April) \$1900 +gst per participant

details and booking here



MORGAN HOLMES

Unlocking U



BHAVNA SEHGAL

ZEN Leadership

enquiries

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www.unlockingu.com.au/ignite-leadership-2023

"When we are no longer able to change a situation we are challenged to change ourselves"

Viktor Frankl

The IGNITE program has been developed by women for women to support you to be at your best. We have created an immersive transformational leadership experience to support mid-to-senior level women leaders to thrive in these volatile and uncertain times.

Session 1

Understand your personal and business challenges to identify your emerging leadership shifts

Reflect on your life experiences to discover how they've created your values and mindsets of today

Explore leadership frames and models to deepen your awareness of your values, beliefs and mindsets

Session 2

Build your understanding of the process of personal transformation, the steps you will take to unlock your greatest potential

Develop a personal plan to manage your energy and create balance and wellbeing

Session 3

Deep Dive into your biggest challenges and explore how your mindsets and beliefs are blocking your growth.

Unlock your personal and business challenges by connecting with your values and new empowering mindsets

Session 4

Explore your purpose and vision to find clarity

Develop your goals and actions to bring your vision to life

Understand the elements to create balance moving forward

Group coaching program

There will be four ONLINE small group sessions of 90-120 minutes each. Groups will be at a maximum of 4 people. The coaching will help deepen your insights and make sustainable shifts in your behaviour and how you show up. It is a safe space to experiment, further explore any blocks and gain support and encouragement to step into your new way of being.

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